

5-Star Work Plans A to Z



Session Title: 5-Star Staffing Rating

Presentation Date: 01/25/2023

Presented By:

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- Back Up Presenters: Janine Lehman, RN, RAC-CT, CLNC or Christine Twombly, RN-BC, RAC-MT, RAC-MTA, HCRM, CHC

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Course Description:

This series examines the three domains of the CMS 5-Star Quality Rating System: Health Inspections, Staffing and Quality Measures including how the rating is calculated and analyzing facility data with a focus on developing a work plan to improve or maintain 5-Star Status. Common obstacles to 5-Star status will be discussed with tips and strategies for advancing facility performance. This session will focus on the Staffing component of *Nursing Home Compare's* 5-Star Rating System. You will learn how the staffing rating is calculated and how it impacts your overall 5-Star rating. Tips on how to analyze your data and develop plans to achieve 5-Star status will be discussed, along with application of the elements of QAPI to improve facility 5-Star Ratings and improve staff retention.

Learning Objectives:

1. Understand the Staffing component of the 5-Star Rating System.
2. Understand how the Staffing component impacts the overall 5-Star Rating
3. Describe how staffing levels impact resident outcomes and satisfaction.
4. Acquire knowledge to implement best practices for Five-Star staffing improvement using a QAPI approach

Course Content:

30 min Key components of the staffing domain

- Total Nursing hours per resident day
- Registered Nurse Hours per resident day
- Case-mix adjustment
- How to calculate Staffing Rating
- Turnover Data

10 min Impact of staffing on resident outcomes and best practices related to staff retention

15 min Monitoring Staffing Data

5 Min Closing Comments/ Q&A

Target Audience: Nursing Leadership, Nursing Home Administrators, Department Heads

Instructional Level: Intermediate

Program length: 1 hr Contact Hours: 1.2